

# Medical History for Laser / BBL™ Skin Procedures

Name: _____	
Address: _____	
Phone #1: _____	Phone #2: _____
Female <input type="checkbox"/> Male <input type="checkbox"/> Age: _____	Referred by: _____

### Reason for consultation

- |  |  |
|--|--|
| <input type="checkbox"/> Acne                      | <input type="checkbox"/> Flushing of the skin  |
| <input type="checkbox"/> Brown spots or sun damage | <input type="checkbox"/> Skin laxity           |
| <input type="checkbox"/> Enlarged blood vessels    | <input type="checkbox"/> Skin texture or scars |
| <input type="checkbox"/> Fine lines or wrinkles    | <input type="checkbox"/> Unwanted hair         |

### Questions about skin

1. How long have you been concerned about this area(s)? \_\_\_\_\_
2. At what age did you notice this concern(s)? \_\_\_\_\_
3. Are your present skin concern(s) getting more pronounced?  Yes  No
4. Have you ever been treated for this concern(s)?  Yes  No  
If yes, when? \_\_\_\_\_  
What method? \_\_\_\_\_
5. Are you currently taking medication for your skin's concern(s)?  Yes  No  
If yes, what is it? \_\_\_\_\_
6. What topical skin medications or products are you currently taking?  
 Retin-A®  Hydroquinone or bleaching agent  Other \_\_\_\_\_
7. Have you ever had laser / IPL hair removal?  Yes  No
8. Have you ever used the following hair removal methods in the past 6 weeks?  
 shaving  waxing  electrolysis  plucking/tweezing  stringing  depilatories
9. Have you ever had skin resurfacing or rejuvenation or chemical peels?  Yes  No
10. Have you ever had treatments for pigmented lesions?  Yes  No
11. Do you form thick or raised scars (keloids) from cut or burns?  Yes  No
12. Do you experience hyperpigmentation (redness) from burns, cuts, insect bites?  Yes  No
13. Have you had cold sores or fever blisters?  Yes  No

### Skin Type choices (when exposed to the sun for about 1 hour with no protection):

- |   |   |
|---|---|
| <input type="checkbox"/> Always burns, never tans     | <input type="checkbox"/> Rarely, burns, always tans       |
| <input type="checkbox"/> Always burns, sometimes tans | <input type="checkbox"/> Brown, moderately pigmented skin |
| <input type="checkbox"/> Sometimes burns, always tans | <input type="checkbox"/> Black skin                       |

1. When were you last exposed to the sun or tanning booth? \_\_\_\_\_
2. Do you use self tanners?  Yes  No
3. Are you planning a vacation in the sun?  Yes  No

**Personal history:**

1. Do you smoke?  Yes  No if yes \_\_\_\_\_ packs per day
2. What is your daily consumption of alcohol? \_\_\_\_\_
3. Do you wear contact lenses?  Yes  No

**Medical history:**

1. Are you currently under the care of a physician?  Yes  No. If yes, for what: \_\_\_\_\_

2. Do you have any of the following?

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Arthritis               | <input type="checkbox"/> Epilepsy or seizures | <input type="checkbox"/> HIV / Aids           |
| <input type="checkbox"/> Any active infection    | <input type="checkbox"/> Heart disease        | <input type="checkbox"/> MRSA                 |
| <input type="checkbox"/> Bleeding disorders      | <input type="checkbox"/> Hepatitis            | <input type="checkbox"/> Sensitive teeth      |
| <input type="checkbox"/> Bruising                | <input type="checkbox"/> Herpes simplex       | <input type="checkbox"/> Skin cancer or moles |
| <input type="checkbox"/> Dark spots of pregnancy | <input type="checkbox"/> High blood pressure  | <input type="checkbox"/> Skin injury          |
| <input type="checkbox"/> Diabetes                | <input type="checkbox"/> Hormone imbalance    | <input type="checkbox"/> Vision deficits      |
| <input type="checkbox"/> Other _____             |   |   |

3. Do you have allergies to any of the following? (check all that apply)  medications  latex  
 food  plants  anesthesia  other \_\_\_\_\_

4. Do you take any of the following?

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Accutane         | <input type="checkbox"/> Appetite depressants   | <input type="checkbox"/> Insulin            |
| <input type="checkbox"/> Antibiotics      | <input type="checkbox"/> Aspirin or Ibuprofen   | <input type="checkbox"/> Sedatives          |
| <input type="checkbox"/> Anti-coagulants  | <input type="checkbox"/> Cortisone or steroids  | <input type="checkbox"/> Thyroid medication |
| <input type="checkbox"/> Anti-depressants | <input type="checkbox"/> Hormone/contraceptives | <input type="checkbox"/> Other _____        |

5. Are you taking herbal preparations or vitamins? (St. John's Wort, Vitamin E)  Yes  No

**For female patients:**

1. Are you pregnant or trying to become pregnant?  Yes  No

*I have answered the questions contained in this questionnaire to the best of my knowledge. I understand that it is my responsibility to inform my practitioner of my current health conditions while seeking treatment as a patient. I will update this information as it occurs.*

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_